

## Topic Discussion Meeting format

(Directions To the Chairperson: The meeting starts promptly at [start time of meeting]. Ask for volunteers to read In The Solution, Definition of Clean Time and Recovery, Twenty Questions, and the Twelve Traditions of Pills Anonymous. If this is a Key Tag meeting also ask someone to pass out Key Tags.)

Good evening. Welcome to the [day of the week] night [open/closed] meeting of [Name of meeting]. This is a [tag, ticket, around the circle, open share] meeting. My name is \_\_\_\_\_ and I am a pill addict. Please help me open this meeting with a moment of silence for the addict who still suffers, followed by the Serenity Prayer.

(Pause then recite the Serenity Prayer)

Pills Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from pill addiction. The only requirement for membership is a desire to stop using pills. There are no dues or fees for PA membership; we are self supporting through our own contributions. PA is not affiliated with any religious group, politics, organization or institution. We do not wish to engage in any controversy and neither endorse nor oppose any cause. This is a program which works by regularly attending meetings and working the 12 steps of Recovery with other pill addicts. Our primary purpose is to carry the message to the addict who still suffers. We work together to stay clean and help others achieve the same freedom.

Please silence all electronic devices out of respect for the group.

I have asked \_\_\_\_\_ to read In The Solution

I have asked \_\_\_\_\_ to read Definition of Clean Time and Recovery

I have asked \_\_\_\_\_ to read the Twenty Questions

I have asked \_\_\_\_\_ to read the Twelve Traditions of Pills Anonymous

(Pause for the readings)

(If this is a key tag meeting) This is a key tag meeting. We give out key tags and hugs to recognize various lengths of clean time. This is to show that the program works and that everyone's clean time is important. Tonight I have asked \_\_\_\_\_ to hand out key tags.

(Hand out key tags)

(Pass the basket)

There are no dues or fees but in accordance with the 7<sup>th</sup> tradition we are self-supporting through our own contributions.

Are there any PA announcements?

This is a topic/discussion meeting. Pick a topic

- reading out of a daily meditation book
- picking a topic from a list or from God Sticks (sticks with topics written on them)
- Pick a particular step or tradition
- Ask a member to pick a topic
- etc...

(Explain the format to the group)

- [-tag meeting
- ticket meeting
- open share
- around the circle
- etc...]

We want to thank all those who read and congratulate all those who received key tags.  
Thanks everyone for being here!

We will now close this meeting with the (prayer of Chairperson's choice)  
(Recite prayer)

Close meeting.